

## IMMACULATE HEART OF MARY PARISH MISSION STATEMENT

*The parish of Immaculate Heart of Mary Catholic Church, located in South Saint Louis City, comprised of small neighborhoods filled with multi-generational families, strives to answer God's call to.....*

- + COMMIT to live the Gospel;**
- +CELEBRATE Eucharist as a community;**
- +SERVE the needs of others;**
- + PARTICIPATE in parish life and ministries;**
- +STRIVE to be a sign of God's love!**

### Contact Information

**Rectory - 4092 Blow Street, St. Louis, MO 63116-2796**  
**Website: [www.ihm-stl.org](http://www.ihm-stl.org)**

**314-481-7543**  
**Fax 314-481-6316**

Parochial Administrator  
 Deacon  
 Pastoral Associate  
 St. Vincent de Paul

Rev. Aaron Nord  
 Rev. Mr. Jim Murphey  
 Mrs. Debbie Gartner

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#### **Celebration of the Holy Mass**

Saturday 4:30 p.m. (Sunday Vigil)  
 Sunday 7:30 a.m. and 10:00 a.m.  
 Weekdays Monday-Friday 8am Mass (Church)  
 1st Saturday of the Month 8:00 a.m. (Church)  
 Holydays As announced inside bulletin

#### **Eucharistic Adoration**

1st Saturday of the month following 8:00 a.m. Mass until 11:30 a.m.

#### **Sacrament of Reconciliation**

Saturday 3:45 p.m. - 4:15 p.m.

#### **Sacrament of Baptism**

Please call the Rectory. First time parents will need to attend one meeting prior to the baptism.

#### **Sacrament of Confirmation**

The sacrament of Confirmation is normally organized by the parish school or PSR program attended by the candidate. Others are invited to contact the parish priest for preparation to receive this sacrament.

#### **Sacrament of Matrimony**

Please schedule an initial meeting with the priest or deacon at least 6 months prior to the tentatively planned date for the ceremony.

#### **Holy Orders and Consecrated (Religious) Life**

Those discerning a call to the priesthood or religious life may contact the parish priest or the Archdiocese Vocations office at 314-792-6460.

#### **Sacrament of Anointing of the Sick**

Please call the Rectory to make an appointment with the parish priest.

**Care for those who are homebound, hospitalized, or in nursing home.** Please call the Rectory to arrange for Communion to be brought to any parishioner who is unable to come to Mass. Please inform the Rectory as soon as any parishioner is admitted to any hospital or nursing home.

#### **Devotions**

**Perpetual Help** Following Tuesday 8:00 a.m. Mass

**Rosary** Following weekday Masses

#### **Becoming a Catholic**

Rites of Christian Initiation of Adults/Youth or Catechumen Meetings are weekly from September thru May to discuss your questions and the Catholic Faith. Call the Rectory for information.

#### **South City Deanery PSR**

Catholic Religious Education for children attending public or private non-religious schools. Call 314-773-3070.

#### **New Parishioners**

Please register as soon as possible by calling the Rectory.

**Bulletin items are due no later than 10 a.m. Monday** for the following week's bulletin. (Holiday deadlines can change without notice.)

## Mass for the Intentions Week

Mon.	1/18	8:00 a.m.	Joseph Budde
Tues.	1/19	8:00 a.m.	Ann Stocking
Wed.	1/20	8:00 a.m.	Ed Bauer
Thurs.	1/21	8:00 a.m.	Raymond Dwyer
Fri.	1/22	8:00 a.m.	Joseph Martin Fogarty
Sat.	1/23	4:30 p.m.	Bernice & John Bock
Sun.	1/24	7:30 a.m.	Our Parish Family
		10:00 a.m.	Judith Lambayan



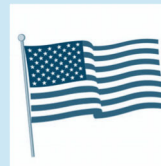
### LORD HEAR OUR PRAYER

Pray for those who are sick and their caregivers. Pray for Sarah Heet (granddaughter of Judy Bruegger), Al Book, Jerry Yudd, Ted Shear (husband of Therese), Angelo Bartola (husband of Katherine), Paula Bonn, Mike Smith, Gayle Mohr, Andrew Freeman (Grandson of Jim and Roxanne Wolfslau), Jerry Brendel (husband of JoAnn, father of Jason), Sandy Ceriotti, Steve Baum (nephew of Jean Provaznik), Bob Simmons, Frank Sandrowski, Dorothy Seper, Rosemary Young, Don Smith, Therese Shurig, Kathleen Moody (daughter of Charlie & Julie), Deacon Jack Burke (brother of Joan Mowery), Stephanie Hagan (wife of Barry), Anna Corson, Nick Corson and those parishioners who are homebound, living in Assisted Living or Nursing Homes, and all in our Prayer Book. May our Lord Jesus bring them comfort and healing.

If someone has been left off the prayer list or if you would like to add someone, please contact the rectory office.

### WE PRAY FOR THOSE SERVING OUR COUNTRY IN THE ARMED FORCES. WE HOLD THEM IN OUR HEARTS AND AWAIT THEIR SAFE RETURN.....

Lance Cpl. Andrew Ceriotti, U.S. Marines  
Pvt. David Walters, U.S. Army  
LT. Benjamin D. Stolarski, U.S. Navy  
Spec 4 Ian R. Larson, U.S. Army  
P2 Derek Ryan, U.S. Army



Sgt. Lou Bollasina, U.S. Army  
A1C John Pipes USAF  
Staff Sgt. Jeffrey Clark U.S. Force  
Todd Bruemer, U.S. Navy  
M.K. 2 Brett Winkelmann, Coast Guard  
Cpl. Matthew T. Straub, U.S. Marines  
Sgt. Victor A. Will, U.S. Army  
Sgt. James A. Will, U.S. Army  
Tech Sgt. James Dobrynski, U.S. Air Force  
SSgt. Steve Appelbaum, U.S. Air Force  
Lance Cpl. Troy Smith, U.S. Marines



The Parish Office will be closed on Monday, January 18th in observance of Martin Luther King Jr. Day.



### PARISH OFFICE HOURS

Monday through Thursday  
9:00 A.M. - 4:00 P.M.



### REST IN PEACE

In your charity please pray for

Therese Klug

May she join her loved ones  
in joyful reunion with Jesus.



### COLLECTION FOR THE WEEKEND OF:

January 10, 2021

Envelopes: \$4916

Loose: \$112

Parish Maintenance: \$286

- Thank you to all who make our IHM Parish Family strong & caring!
- Thank you to all who give of their time and talent, helping out in so many ways!
- Thank you to all who give back to God so

# PARISH NEWS



## ST. PATRICK'S CASSEROLES

### WE NEED YOUR HELP!

Because of Covid-19 we stopped the casserole program. We are going to try to start again in February, 2021.

Have you ever wondered what the priest means when he says, "You can pick up your casseroles in the back of church"? The Ladies Sodality has sponsored a program with St. Patrick's Center to make casseroles for them. We take around 30 casseroles on the 3<sup>rd</sup> Thursday of February, April, June, August, October and December to St. Patrick's Center. When I say we I mean ladies and gentlemen from the parish and even some that have moved from the parish make the casseroles for us. Everyone is welcome to participate. The Ladies Sodality supplies the containers, some of the ingredients and the recipe. You would supply the hamburger, onions, celery and the cheeses. One of the committee women would call and ask if you could do a casserole for that month. You are under no obligation to say yes for that month if you have a lot going on, she will try you the next time. All you have to do is put the recipe together, freeze it and bring it up to the IHM hall. Then we take the casseroles to St. Patrick's Center. Right now, you would maybe only have to make a casserole two or three times a year. But we are asking for your help, if you would like to be on the list to make a casserole or if you have any questions about the program, please call one of the St. Patrick's casserole committee ladies listed below.

Janet Sullivan 631-9158  
Marilyn Murphy 631-8999  
Eileen Schindler 329-6033

Everyone must wear a mask entering and exiting the church. Parents with children nine and under may determine when the child is old enough to attend Mass and can abide by the safety guidelines.

We ask you to please sit in the open pews away from the aisles.

Please use your own best judgement concerning when you will return to Mass. Do not jeopardize your health.

If you have any questions or concerns, please call the rectory.



### 2020 CONTRIBUTION STATEMENTS

If you would like your 2020 Contribution Statement mailed to you, please drop a **LONG #10 self-addressed stamped envelope in the Collection Basket**. Statements will be sent out starting the second week of January.



IHM Boy Scout Troop 179 will once again be holding its annual Super Bowl Pizza Sale Fundraiser. These pizzas are fresh, 14" and made by our Scouts themselves. All proceeds go towards helping our Scouts earn their way to Summer Camp and other activities. We will be taking orders for pizzas from now until Feb 3, 2021. Pizzas will be available for pick up in the cafeteria between 2:00 and 5:30 PM on Saturday Feb 6th. Orders can be placed with a Scout at the back of Church, or by calling John Ebert at 314-258-0613.

**As always, thank you for your continued**

**I thought you should know – January 17, 2021**

Our bishops have also asked each of us this week to work for an end to legalized abortion. The anniversary of the 1973 Roe vs. Wade Supreme Court Case on Friday January 22 is the Day of Prayer for the Legal Protection of Unborn Children. All Catholics are asked to pray on that day for the legal protection of children in the womb, and to join to their prayers some personal sacrifice of fasting, abstaining, or giving alms. May God swiftly grant that our nation protect these children as the treasures they are! May God's healing, peace, and mercy come to each person whose life has been affected by abortion! "His mercy endures forever! Acts 2:21 tells us, "whoever calls on the name of the Lord will be saved."

As the good news about the COVID-19 vaccines and their distribution has spread, there has been some discussion in Catholic circles about whether it is morally permissible to receive the vaccine, since some pharmaceutical companies use cell lines that originated with tissue taken from aborted children. Our bishops, together with the Holy See, have stated that for the Moderna and Pfizer vaccines, no such cell line was used for the design, development, or production of the vaccine. Sadly, the company did use such a cell line to perform a test on the vaccine. However, in light of the great importance of stopping the COVID-19 pandemic, because the connection between the vaccines and the children harmed by abortion is very remote, a Catholic can receive the Moderna and Pfizer vaccines in good conscience.

There is a third vaccine from AstraZeneca. That vaccine was designed, developed and produced using cell lines that originated with tissue taken from aborted children. So, a Catholic should avoid receiving the AstraZeneca vaccine if there is another available alternative, like the Moderna or Pfizer vaccine. Only if that Catholic would have to wait for a long time for vaccination would it be right for the Catholic to use the AstraZeneca vaccine rather than the Moderna or Pfizer alternatives. If you have moral questions about the vaccines, I would be happy to discuss your concerns with you.

The homily third week of our "Resolve" series is printed below.

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Resolve. Resolve is the human quality that makes us ready to keep a commitment. The past two weeks of this message series called "Resolve", I've told everyone that resolve is different than willpower, because willpower applies to all areas of your life, while resolve applies to a specific commitment, and you can quickly increase your resolve by simple choices. That's true, and I stand by it, but it's not the whole truth, because there is more good news. Some of the same things that break our resolve also weaken our willpower, and so when some of the simple choices that increase your resolve also make for a stronger you. That is certainly true of the simple choice we are going to talk about today, a choice about what we let bounce around in our interior monologue. To increase your resolve, think true.

"Interior monologue" is that ongoing conversation in each of our heads, that conversation we have with ourselves as we go through our day. Some people's interior monologue is really quiet, so they hardly notice it is there, while other people's interior monologue is really loud, sometimes so loud it is hard to focus on anything else. Whatever your interior monologue is like, there are big problems when we let into our interior monologue falsehoods, lies, repeated statements that just aren't true.

Which of you would say to a friend struggling not to break their New Year's resolution, "oh, go ahead, just do it, this time doesn't matter"? You wouldn't say that to your friend. Much less would you say to your friend, "You're a broken person", "You're such a screw-up", "There is no hope", "You're all alone", "It never

ends”, “or “no one could love you.” Heck, I bet you probably wouldn’t want to say those things to your *enemies, much less your friends, and not just “not polite” or “not encouraging”, but because you don’t want to tell lies, and those statements are just not true.*

So here’s the first half of our idea for today: what you wouldn’t say to someone else, you don’t get to say to you. The second half of our idea for today is that if you do notice yourself saying to yourself something that you wouldn’t say to someone else, something that just is not true, then you correct yourself, you take it back, you make yourself say to yourself something that is true, so that you *think true.*

Let me give you an example. St. John told us today, “Everyone who believes that Jesus is the Christ is begotten”—begotten means “given life”—“is begotten by God”. In the Father’s words to Jesus at Jesus’ baptism, we hear how the Father regards and addresses someone whom the Father has begotten: “You are my beloved son”; you are my beloved daughter; “with you I am well pleased.” Your identity, the bottom line, the last word, on you, is your identity in Jesus Christ, who you are in your faith in him and in his love for you. That union with Jesus, and the Father’s love for you in Jesus, is what the message of Christmas was all about: Jesus becoming like you, so you could share what was his, and most of all, his relationship with the Father and the Holy Spirit.

That’s why it would be wrong for you to say another disciple those statements that I listed earlier: they are lies, they are just not true. None of those words match that other disciple’s, your brother’s, your sister’s deepest identity. If you did say those things to another disciple, it would be right to do would be to take the words back, to tell them you were sorry, and to show you were sorry by saying instead them instead something that was true, that did match how God really sees them in Jesus Christ. Well then, regarding your interior monologue, think true. What you wouldn’t say to someone else, you don’t get to say to yourself. And if you do catch falsehoods in your interior monologue, take it back, and show you are sorry by saying something in your interior monologue that really is true, that matches your deepest identity in Jesus Christ.

The best way of all to do this is to remember that your interior monologue doesn’t have to be a monologue, because it turns out that God is paying attention. You are not alone; God is with you. So you can turn your interior monologue into an interior dialogue by addressing your thoughts to God and by remembering what Jesus has said to you in the bible or in your prayer. For example, if you catch yourself thinking, “You’re all alone”, say, “Holy Spirit, I know you’re there.” If you catch yourself saying, “There is no hope; it never ends”, stop and say, “Jesus, I trust in you”. If you say to yourself, “I am such a sinner”, say instead, “Lord, I really am a sinner, but I know that’s not the first truth about me, because you made me good, and I can hope that’s not the last truth about me because you came to forgive and save.” And if you hear yourself saying about your resolution, “It doesn’t really matter”, stop, and say, “Father, I know this matters, because I matter to you.”

You know how I always end with something you can do for the week? This week, I invite you to do something three times—but you can probably get it done today. Three times, notice a falsehood in your interior monologue, and when you do, address your thoughts to God, and think true.

-Fr. Aaron Nord



## Immaculate Heart of Mary-A Growing Parish of Growing Disciples

Sunday is where most people meet our parish. As a staff and parish goal, we are striving for Dramatically Better Sunday's by August 15 2021

Below are two of our objectives towards our goal.

**Warm Welcome:** As a staff, we have agreed that it is important for everyone who walks through the door of our parish, should receive a warm welcome and a smile.

There are many reasons why a Warm Welcome is important! A Warm Welcome can be healing, nurturing, supportive and pleasant. It says, I see you, you matter. I am glad you are here.

I would like to share a quote and a song that has had an impact on my life as a Christian and I believe it confirms the need for a Warm Welcome.

"You may be the only Bible a person reads." William Thomas

"They will know we are Christians by our love. " By Peter Scholtes

These two examples tell me that my words and actions must convey the love, kindness and forgiveness of Jesus. We are called to be Christ like to all who we meet. We can all offer a friendly smile and hello as we are representing Jesus to the people we encounter.

**Faith Family:** As a parish Faith Family, we are a family of faithful believers, we gather together to worship, to grow in faith, and to support one another.

Through our Baptism, we are given a responsibility: to help one another grow in holiness. We can be successful with small gestures of love, mercy, and charity. This is what Jesus asks of us: to share His love and compassion with all those we meet.

I have seen holiness in action at Immaculate Heart of Mary, continually over decades. We are a Faith Family.

Parishioners who reach out volunteering to help in a variety of ways.

We have parishioners who care for their family members who are experiencing physical, emotional and financial needs. We have parishioners who offer love, prayers and support for the person experiencing difficult times and for the their caregiver.

Parishioners who are dedicated to sending monthly thinking of you cards, birthday and holiday cards. Their cards are telling our parishioners that they matter and we have not forgotten them.

Parishioners who visit people in their homes and care facilities (when social safety is possible.)  
Communion Ministers who bring Communion to the home.

Parishioners who regularly bring meals to people in need of respite.

Parishioners who donate time, money, and material items for those experiencing homelessness. Parishioners who make casseroles for St. Patrick Center.

Parishioners who have made Prayer Shawls (offered to people when going through difficult times, so they may be covered in prayers and know that they are not alone. Parishioners have created Busy-Blankets for people living with Alzheimers.

Parishioners who volunteer with St. Vincent DePaul to be a source of Christs love and support through the generous donations from our parish family.

May we continue to grow as a Faith Family, bringing the love of Jesus to all he brings into our lives. If you would like to share any ideas on achieving this goal, please call me, Fr. Aaron or Deacon Jim. Blessings to you and your loved ones.

Debbie Gartner

Happy New Year!

Dear Parishioners,

We would like to take this opportunity to thank everyone for your kindness, and generosity with your donations to The Giving Tree! Once again, it was very successful! We collected many winter hats, gloves, hygiene and toiletry items, and an amazing amount of gift cards for food, clothing, and money. Even with Covid 19, our wonderful parishioners donated, and made a lot of people have a beautiful holiday! Thank you again for your kindness, it was very much appreciated!

Lina Silistria & Carol Sandrowski  
The Giving Tree Committee



### Dynamic Catholic, Alive! – More Evangelization

How quick the first disciples were to follow Jesus! They immediately recognized Him as the Lamb of God and followed Him to where He was staying. How quickly do we go to the church or the chapel for Mass and prayer, to encounter the Lamb of God? In order for us to be effective evangelists, we must nourish our own spiritual life and know the One whom we are called to share with others. This week, take some time to nourish your spiritual life and focus on encountering the Lord anew so that you can share Him with conviction in your thoughts, words, and actions.

[archstl.org/dynamic](http://archstl.org/dynamic)



### A well-formed Catholic is a well-informed Catholic.

The St. Louis Review is committed to providing coverage of local and international events from a faith perspective and helping relay the messages of Pope Francis and Archbishop Rozanski to their flocks.

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### Spend the day at Mercy Center

Are you looking for a quiet work space? Somewhere to be by yourself for a few hours?

# MERCY TAKE ME AWAY

You can spend the day at Mercy Conference and Retreat Center where you will have access to a private room and bathroom for the day. Each room has a desk and chair, as well as a comfortable chair/rockers for relaxing and reading. Guests will also have access to free WiFi, the chapel, the grounds (including the Labyrinth and Cosmic Walk).

This is a chance to spend some quiet time reading and relaxing, praying and meditating or just having a safe and quiet place to work other than home for a day or two. Guests are encouraged to bring their own laptops and reading materials.

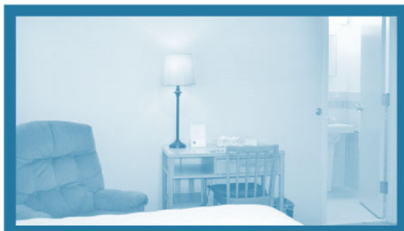
A brown bag or box lunch will be provided to each guest. You may purchase anywhere from 1 to 5 days to be used over the course of any 90 day period.

Go to [www.mercycenterstl.org](http://www.mercycenterstl.org) for details and to make your reservation.

Cost:  
1 day - \$40.00  
2 days - \$77.00  
3 days - \$111.00  
4 days - \$146.00  
5 days - \$170.00

Check-in 8:00 a.m. or after  
Check-out by 4:30 p.m.

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### Immaculate Heart of Mary Quilters

Thank you to everyone who purchased raffle tickets from our Quilters! All proceeds are generously given to the parish. Many quilting circles have ended. We are blessed here at IHM to have a group of ladies who meet every Tuesday to quilt, visit, have lunch, visit, quilt and visit :) The companionship is as beautiful as their quilting! If you would like to join them, please call the rectory. No experience needed!

### QUILT RAFFLE WINNER

Congratulations to Susan Rice! She is the recent winner of a beautiful quilt! Apologies that winner was drawn later than usual, due to the Covid quarantine. Thank you for purchasing chance and thank you for your patience.

## Saint of the Week



**Saint Vincent of Zaragoza**  
**Saint of the Day for January 22**

### Saint Vincent of Zaragoza's Story

Most of what we know about this saint comes from the poet Prudentius. His *Acts* have been rather freely colored by the imagination of their compiler. But Saint Augustine, in one of his sermons on Saint Vincent, speaks of having the *Acts* of his martyrdom before him. We are at least sure of his name, his being a deacon, the place of his death and burial.

According to the story we have, the unusual devotion he inspired must have had a basis in a very heroic life. Vincent was ordained deacon by his friend Saint Valerius of Zaragoza in Spain. The Roman emperors had published their edicts against the clergy in 303, and the following year against the laity. Vincent and his bishop were imprisoned in Valencia. Hunger and torture failed to break them. Like the youths in the fiery furnace, they seemed to thrive on suffering.

Valerius was sent into exile, and Dacian, the Roman governor, now turned the full force of his fury on Vincent. Tortures that sound very modern were tried. But their main effect was the progressive disintegration of Dacian himself. He had the torturers beaten because they failed.

Finally he suggested a compromise: Would Vincent at least give up the sacred books to be burned according to the emperor's edict?

He would not. Torture on the gridiron continued, the prisoner remaining courageous, the torturer losing control of himself. Vincent was thrown into a filthy prison cell—and converted the jailer. Dacian wept with rage, but strangely enough, ordered the prisoner to be given some rest.

Friends among the faithful came to visit him, but he was to have no earthly rest. When they finally settled him on a comfortable bed, he went to his eternal rest.

### Reflection

The martyrs are heroic examples of what God's power can do. It is humanly impossible, we realize, for someone to go through tortures such as Vincent had and remain faithful. But it is equally true that by human power alone no one can remain faithful even without torture or suffering. God does not come to our rescue at isolated, "special" moments. God is supporting the super-cruisers as well as children's toy boats.

## JOKE OF THE WEEK







### ROSES FOR EXPECTANT MOMS!!!

If you are expecting a child, we as a Parish would like to pray for you throughout your pregnancy. There are red roses on the table in front of the Blessed Mother's statue in the back of Church. Please write the parents-to-be names and due date on the card attached to one of the roses asking for prayers until the delivery. After baby(ies) arrive, please call Kathy at 314-832-6553. We will then share your blessing in our bulletin.

#### Keep the following couples in your prayers:

Jessica & Patrick	December
Teresa & Mike	January
Shannon & Andrew	March
Michael & Kat	July

God Bless,  
Immaculate Heart of Mary Pro-Life



### St. Louis Tax Assistance Program

offers FREE tax preparation assistance to families with an income under \$56,000. They will be offering assistance on Saturdays at St. Mary's High School starting Jan. 30th and going through March 6th and on Wednesdays at Thomas Dunn Learning Center on Wednesdays through April 14th.

Due to Covid, no Walk Ins will be taken. You must make a reservation. Visit [www.st.louistap.org](http://www.st.louistap.org) to make an appointment.

## VOLUNTEER



St. Cecilia Parish is looking for volunteers to help with our English As Second Language (ESL) program. No experience is necessary. The commitment is two hours a week. We can use help all evenings of the week, but especially Friday evenings. If you are interested or have questions, please contact St. Cecilia Parish office at 314-351-1318.

## MINISTRY SCHEDULE

### LECTORS

#### January 16/17th

4:30 p.m.	John Ruzicka
7:30 a.m.	Glenn Mertens
10:00 a.m.	Barb Vineyard

#### January 23/24th

4:30 p.m.	Howie Hirschfield
7:30 a.m.	Art Benjamin
10:00 a.m.	Maureen Lampert

#### January 30/31st

4:30 p.m.	Joyce Huelsmann
7:30 a.m.	Glenn Mertens
10:00 a.m.	Judy Hudson



Congratulations to  
Mr. & Mrs. Anthony Saputo Jr.  
who will celebrate 74 years of  
marriage on January 25th.

**Marriage Challenges? Retrouvaille** (a French word meaning rediscovery) is a program to help couples heal & renew their marriages that offers tools needed to rediscover a loving marriage relationship.

It has helped thousands of couples with marital problems and crises, even couples who are separated and divorced.

**RETROUVAILLE STL-VIRTUAL WEEKEND**  
**THURSDAY, JAN 28– SUNDAY, JAN 31, 2021**

For further information, call 314.453.0110, 1-800-470-2230 or visit [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com).

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